KIDS CARE

Kids of All Ages Organizing, Collecting and Recycling to Raise Money for Our Companions



Inside:

Matching Pets with People Since 2003 Good Dogs Gone Bad Open Wide and Say Meow **Gardeners Wanted** Remembrance Wall and Reflection Garden Inspire Visitors



Something to Chew On

Dear Friends.

At Our Companions, we love to dream about tomorrow. We dream of building more cottages at the Sanctuary – 13 more to be exact.

We dream of opening a veterinary clinic to make medical care accessible to those who cannot afford it. We dream of widening our rescue and humane education initiatives in underserved communities. We dream of playing an even more influential role in ensuring that Connecticut and the entire country has laws that adequately protect animals. And that's just the start.

Yes, we have big plans for Our Companions. However, the nature of our work keeps us focused on today.

Given the dire circumstances facing those we serve, it is understandable that our attention defaults to the immediate tasks at hand. While it may sound dramatic, in many cases our work is a matter of life and death.

Whether addressing pressing medical needs or removing an animal from an unsafe or abusive situation, crises emerge daily at Our Companions. And we are committed to always doing the right thing, regardless of the challenge or cost.

But meeting those needs comes at a high price, which in turn creates the urgency to raise a significant amount of money every year.

One hundred percent of our funding comes from Annual Fund donations which are put to immediate use. To continue serving the people and pets who have come to rely on our ever-expanding programs and services, we must meet our goal every year. There is no room for failure.

However, as a relatively young organization, we would be disappointing those who have invested in us if we did not plan for the future. Ensuring that Our Companions thrives for generations to

come - long after those of us who currently lead the organization are involved - is critical. In fact,

it is something that our Board of Directors is challenging itself to address more and more.

One way in which we have addressed the future is by paying more attention to planned giving.

As such, we are encouraged and truly inspired by the recent growth of our Forever Home Society.

Comprised of loyal supporters to OC who have generously included Our Companions in their estate plan, the Forever Home Society, which now boasts 70 members (see listing on pages 9-12), is building a bridge to the future. And with every new addition to the Forever Home Society, our future becomes clearer and more assured.

If you have included OC in your estate plan or would consider doing so, we thank you. By joining the Forever Home Society, you are helping to ensure that our ambitious dreams for tomorrow will become a reality.

If you would like to learn more about the Forever Home Society, please contact the OC offices at 860.242.9999 Ext. 301.





Valerie Friedman, Board Chair





Susan Linker, Chief Executive Officer



860-242-9999OurCompanions.org

P.O. Box 956 Manchester, CT 06045-0956



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Our Companions News is published three times per year by Our Companions Animal Rescue, a nonprofit 501(c)(3) organization.

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Kids of All Ages Organizing, Collecting and Recycling to Raise Money for Our Companions

by Jessica Beganski

"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not." - Dr. Seuss, The Lorax

Did you know that some of Our Companions' most stalwart and enthusiastic supporters are kids? Whether they are hosting bake sales or pet food drives, or requesting cash donations instead of birthday presents, young people are helping to make possible all the wonderful work we do.

Teaching kids about philanthropy early on allows them to embrace causes that are meaningful to their young lives. As luck would have it, animals seem to hold a special place in the hearts of many young people, and we here at Our Companions couldn't be happier!

Following are just a few ways in which kids are using their energy and creative talents to improve the lives of homeless pets.

Celebrate and Help Animals

Amie and Chris Meacham, parents of Cameron (three years of age) and Jillian (a one-year-old), wanted to start their children early with the idea of philanthropy. The Meachams asked friends and family to donate items or pet supply gift cards (which were then given to Our Companions) in lieu of gifts for Cameron and Jillian's birthdays.

Amie sees many upsides to asking for donations instead of gifts for the kids. "The kids are learning at an early age that it's important to care for others and give. We hope this is a lesson that will carry through the rest of their lives." Amie also says that her friends and family now expect the donation request in lieu of traditional presents for the kids' birthday parties, which takes the guesswork out of gift giving.

How do the kids feel about it? "Cameron is only three but he understands that he has a lot and he's okay with sharing and giving to someone else," says Amie. The lesson of compassion and giving reaches the kids, and



The students of Woodstock Academy's Construction Class show off the feral cat shelters they built.

in addition, the guests get involved through their donations – it's a win-win scenario. Amie stresses to her guests that "even a couple of bucks makes a big difference if we're all giving a little."

Many Acts of Giving

The girls of Girl Scout Troop 10476 in West Hartford carefully considered many worthy causes for their service project. The group of 13 enterprising fifth-graders ultimately decided that they wanted to help animals and selected Our Companions as the organization their efforts would benefit.

Inspired by a visit from Paula Fischer, an Our Companions Humane Education volunteer, the girls came up with a variety of ways to help the pets served by Our Companions, including:

- Collecting food and supplies. Our Companions suggested items and then each girl attached a list of desired items to paper bags, along with a note about who they were and their reason for requesting donations. They left the bags with family, friends and neighbors, with a promise to return in a week.
- Asking attendees at their school's fifth-grade dance to bring donations of pet food.

- Setting up a booth to sell cookies and collecting monetary donations for Our Companions.
- Visiting the Sanctuary and drawing portraits of some of the adoptable pets. These portraits were to be auctioned off later, with the proceeds going to Our Companions.
- Participating in a humane education session at the Sanctuary where they also had the opportunity to visit with some of the adoptable residents.

Troop Leader Maria Rodriguez says the girls learned many valuable lessons. "They learned that you can't always give what you want to give. You sometimes have to give what's needed. When Our Companions' staff said they needed paper towels and detergent, we had to respond to that need." Rodriguez added proudly, "The girls really put themselves out there to collect donations for the animals."

Teaching Compassion

When Keith Landin, Vocational Technology teacher at Woodstock Academy, heard about feral cat shelters through a neighbor and Our Companions volunteer, he thought that would make an ideal project for his Construction

Continued on page 4

Class. Homemade shelters are supplied to volunteers in our Sterile Feral Program to set up refuge in the cold winter months for the feral cat colonies they manage.

Landin borrowed an existing feral cat shelter from Our Companions for the students to reverse engineer. Over the course of a week, 11 students drew up their own set of plans and then built a total of six feral cat shelters. According to Caroline Gaetano, who oversees the Sterile Feral Program, the shelters were greatly needed during this extremely harsh winter and continue to be used. Landin liked the fact that this project presented a design and building challenge, as well as provided a functional item; he plans to repeat the project with another class.

How to Get Involved

According to Stephanie Montemerlo, Director of Programs for Our Companions, the organization is open-minded when kids, their parents or other adults call to become involved. "Sometimes an individual or group of kids contacts us and has an idea of what they want to do and we try to accommodate that. Or, they contact us to ask what we need. We can tailor the opportunity so that it works both for the kids and for Our Companions."

Sometimes groups even want to have a humane education component, where representatives from Our Companions' Humane Education program will speak to a class or group. In the example of the Girls Scout Troop, the girls were very happy to learn about the work Our Companions does and it encouraged them to come up with many creative ways they could help.

The Benefit Goes Both Ways

Through acts of giving to animals in need, kids learn how important it is to care for others; they also experience empathy and learn to value and respect animals. Furthermore, they discover that animals depend upon humans to be their advocates. Amie Meacham says it best: "It's cool to care. That's the lesson we want everyone to hear."

We want to thank these young philanthropists on behalf of all the animals at Our Compan-



Maddy Coles making a felt blanket for the Sanctuary kitties (with helpers Siri and Maggie). Sanctuary guest Maurice is shown above enjoying the blanket during his naptime.

ions. They are not only providing food and supplies to our residents, but also are helping to spread the word about Our Companions and the issue of pet homelessness to a broader audience, while realizing important lessons in altruism, fundraising and public relations.

"Our Companions relies on its community to

support the work we do, and that need is only likely to grow in the years ahead," says CEO Susan Linker. "These kids are the future of OC. We love working with them – their energy is contagious." If their current dedication is any indication, as these children grow into caring and conscious adults, Our Companions will be in good hands.

Ways Kids Can Help

- Request donations in lieu of gifts at your birthday party or Bar/Bat Mitzvah.
- Plan Scout Troop activities that raise money and awareness.
- · Build feral cat shelters.
- Collect items on Sanctuary Wish List.

- Collect pet food (we always have a great need for cat food).
- Fundraising at school events.
- Donate money from recyclables.
- Spread the word about Our Companions.
- · Or get creative!

Sanctuary News

NEWS

Remembrance Wall and Reflection Garden Inspire Visitors

By Julie Stankiewicz

At Our Companions Sanctuary, there exists a spirit of compassion – not just for the many dogs and cats who come into our care, but for all sentient beings. When Our Companions received 43 acres of property in Ashford, Connecticut in 2002, this land was the site of an abandoned factory farm where hundreds of thousands of laying hens suffered under intensive farming conditions. By 2012, this property had been radically transformed into a sanctuary for animals, where homeless dogs and cats receive love, rehabilitation, and the hope of fulfilling futures.

After volunteering at Our Companions for about six months, I approached Our Companions CEO, Susan Linker about my desire to help farm animals. As it turned out, Susan had been thinking about utilizing a piece of concrete slab that comprised the foundation of one of the original factory farm buildings. This section was purposely preserved to house some sort of historical tribute. We agreed that this structure could be incorporated into an educational piece that would inform visitors about the history of the land.

The Remembrance Wall provides historical documentation of the land and explores the current system of factory farming and what can be done to improve the lives of farm animals. It also includes inspirational quotes, photos, and original artwork. Fellow OC volunteer Paula Fischer created the paintings for the project.

"Paying tribute to the thousands of hens who once existed in harsh conditions on this land, and who are suffering in inhumane conditions throughout our country today, gave me the sense that I was freeing them through my painting," says Paula.

Volunteers Liz Nyczak and her brother Paul Gudelski are now expanding upon the Remembrance Wall project by adding a tranquil Reflection Garden where visitors can contemplate the history of the land while immersed in natural beauty. Their design for the Reflection Garden includes a birdbath, bench, and



Above: Paul Gudelsky with Liz and Jay Nyczck stand proudly in the garden they created. Below: Sanctuary visitors read about the inhumane practices of chicken farming.



flowering shrubs. They expect to complete the project by the end of this summer. The garden was made possible through a generous special gift from longtime donors Joleen Nevers and James Larabee.

As a former landscaper, Paul had noticed that the property had an abundance of beautiful stones, and he knew how to utilize them artistically. His stone craftsmanship can be seen in front of the canine cottages, where he and Liz also added additional gardens.

Annie and Neil Hornish, who generously funded the Remembrance Wall project in 2013, are

hopeful that its continued development will draw greater awareness to the cruel system of factory farming. Having been involved with Our Companions since its inception, they have seen the transformation of the land firsthand and describe it as "a beautiful miracle."

When the factory farm structures on Our Companions property were demolished, Annie and Neil distributed the battery cages to schools across the country. Through their efforts, students gained a sense of the confinement and suffering of laying hens who live in such conditions. As Connecticut State Director of

Continued on page 6



Remembrance Wall and Reflection Garden Inspire Visitors (continued)

the Humane Society of the United States, Annie is working to help pass legislation that will free the 4.7 million birds still trapped in battery cages in this state, as well as legislation that will prevent gestation crates for pigs from ever coming to Connecticut.

"When people understand that nonhuman animals, no matter what type, have their own needs, desires, and the right to live their lives without interference, it opens up their hearts in an important and meaningful way," says Annie.

As we watch companion animals flourish at the Sanctuary, the Remembrance Wall and the Reflection Garden inspire hope for a brighter future for all animals. We appreciate the many people who have contributed, and who continue to contribute in so many ways to this important educational and historic project.



Above: L to R, Neil Hornish, Julie Stankiewicz, Annie Hornish stand proudly in front of the Remembrance Wall.



Want to use your gardening talents to help create and maintain beautiful gardens at an animal sanctuary?

> Volunteers needed to help with the design and maintenance of our 40-acre sanctuary in Ashford.

No experience necessary.

Mowing help also needed.

Any amount of time would be appreciated!



OurCompanions.org

46 Floeting Road Ashford, CT







Leave a message at 860-242-9999 x317 or email: Krystal@OurCompanions.org



BY OF THE STATE OF





Fuzzy Butts Guaranteed When You Visit **Our Companions' Ashford Sanctuary**



Come visit

and experience the joys at our Ashford Sanctuary and learn how you can become a part of our organization that promises to do the right thing for animals.





Experience our unique form of animal rescue and rehabilitation in a loving, warm, homelike environment.

Tour the Sanctuary every Saturday from **1-3pm**

Visit us

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Meet these special friends waiting for their forever home...



Kaylee

It's springtime and Kaylee is looking for her forever home. Kaylee is a sweet and smart two-year-old, 45-pound Australian Shepherd/Hound mix. With lots of energy, she needs a home where her people have flexible schedules so she doesn't have to be crated for too long. A fenced-in yard would be a huge plus for Kaylee; an active home would be ideal, especially one with older children or teenagers who can give her lots of attention, exercise and training. She is living at our Ashford Sanctuary and taking behavior classes; she would benefit from continuing with her training after she is adopted. Kaylee has a fun, happy personality and loves to play with tennis balls, Nylabones and Kongs, and go for long walks. Please consider giving this adorable bundle of energy a new start in your loving home. Call Our Companions at 860-242-9999 or email Annmarie@OurCompanions.org.

Snickers

Cuddles, kisses, and snuggling - these are a few of Snickers' favorite things! He is an affectionate boy who will leap into your lap and lovingly nuzzle you. Snickers is easy to please - just give him a treat and some pats, and he'll be your friend for life. He also gets along with strangers, other cats, and even dogs - he's very friendly. While he is FIV+, he does not show negative effects from this condition. Cats with FIV (Feline Immunodeficiency Virus), a feline-only virus, can live long, normal and healthy lives. They can safely live with FIV-negative cats as long as a proper transition/introduction is done. To learn more about Snickers, please call Kim at 860-242-9999 x 302 or email KimA@ourcompanions.org.



Matching Pets with People Since 2003



Why You Should Adopt From Our Companions

By Mary L. deManbey

There has been a subtle shift in thinking by the general public when it comes to adopting abandoned pets. Perhaps due to the influence of the media and the "moral imperative" of rescuing these animals, more people than ever are choosing to adopt from shelters.

It is a priority of our adoption program to find the right match from the very beginning. A bit of extra effort up front gives both the owner and the animal a better chance for a long and mutually beneficial relationship.

"At OC, every potential adopter and every pet is treated as an individual," notes
Stephanie Montemerlo, Director of Programs.
"We support adopters every step of the way – assigning them a case manager and getting to know their needs and desires, and doing the same for each of our adoptable animals.
Our involvement includes post-adoption support as well."

All of OC's adoptable pets are carefully evaluated both at the time of their initial entry into our program and over the weeks or months that they are under our care. Many are healthy and well-adjusted and relatively easy to match with interested adopters. Others, however, may have physical and/or emotional limitations. Some have been abandoned more than once and need special attention to regain trust. Others have special physical needs that require an owner who is patient and willing to take care of those needs.

Think You Might Be Ready?

If you are interested in a particular pet available through OC or if you just want to find out about all of our adoptable pets, the first step is calling our Helpline. The advantage of making this initial contact is that you will be speaking to someone who has personal knowledge of the many pets waiting to be adopted. After submitting an application, you will be assigned a caseworker who will review

your application, contact your personal and veterinary references, and work with you to find the best match possible.

Once an appropriate match has been identified, the caseworker will set up a meeting at either OC's Program Center in Manchester or the Ashford Sanctuary. If, for some reason, the match doesn't feel quite right, the caseworker will make other suggestions.

"Adopters should not be discouraged if they do not end up adopting the pet they initially sought. This is not uncommon, and is an important element in ensuring the right match," says Stephanie.

If all goes well and the match seems right, then the paperwork is completed and a date is set up for you to pick up your new family member.

OC's Guarantee

If for some reason the adoption doesn't work out, the pet can be returned. Having to return an adopted pet can be heartbreaking for both the owner and the pet, which is another reason why so much care is taken, especially during the early stages of the adoption process. The more care given to finding the right match initially, the less likely the pet will be returned.

Our Companions' philosophy has always been to do the right thing for animals, regardless of the challenge, time or cost. This commitment extends to potential owners, whose lives can be transformed when the right pet becomes part of their lives.

In addition to visiting adoptable pets at the Program Center and Sanctuary, they can be viewed at www.ourcompanions.org/pages/adoptions.htm



Adoption Update: "Buttercup has settled in wonderfully! She is friendly and outgoing, she loves people, and will greet visitors once they have settled in on the couch. She purrs with the smallest provocation, and has learned that my alarm clock means that I am awake and she can climb onto my pillow for belly rubs.

She and Simon get along most of the time, they alternate between grooming each other and wrestling to be king of the cat climber. She loves to play and be scratched under the chin, and even tolerates being hugged and kissed. By all indications, she feels safe and at home with us, and she is well loved."



Former Sanctuary guest Allie takes a dip with her new people. Many of you may remember how Allie loved to jump in the doggie pool after her walk - now she has a whole lake!





Henry and Katharine K. McLane Society Members

Established in 2007, in memory of Our Companions' first donors, the Henry and Katharine McLane Society honors a distinguished group of individuals, businesses and organizations who generously support our programs and services in a leadership capacity.

Below is a listing of current McLane Society donors. The event photos are courtesy of Lorraine Fox Costanzo.

Left: The late Katharine, known to her friends as K.K, with her dog Jenny.

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OC Board Chair Valerie Friedman enjoying the slideshow.

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If you have already included Our Companions in your estate plan, please let us know so we can welcome you as a member of the Forever Home Society.

To learn more, please contact Susan Linker at 860-242-9999, ext 301 or email SusanL@OurCompanions.org.

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Animals are transformed by the individualized care and attention that Our Companions offers them.

Whether it's the physical and emotional rehabilitation transpiring our Ashford Sanctuary, or one of the many services offered at our Valerie Friedman Program Center in Manchester, each program is tailored to meet the specific needs of the animals we are so committed to helping.

As you can imagine, providing all these programs and customized care requires significant resources. For this reason, I am asking you to consider making a generous gift to our Spring Fund Drive via the enclosed envelope, or making a secure donation at www.OurCompanions.org/giving

In doing so, you'll be playing a critical role in helping us fulfill our mission to do the right thing for animals regardless of the challenge or cost. Since nearly 100% of our funding comes from donations, you make our programs possible. I thank you in advance for your critical support of our work.



Dillon is currently a guest at our Ashford Sanctuary - he'd love to meet you!

Bad-Mouth Bootsie: Breaking the Biting Habit

by Andrea Dobras

Have you had the chance to meet Our Companions' Feline Sanctuary Director, Laura Jordan? If not, you absolutely must! I first met Laura while I was volunteering for Our Companions at an adoption event at Petsmart back in 2006. Together we shared a table and helped spread the word about this very new, cutting-edge animal rescue organization. It was in those four hours that I realized that Laura would become my go-to guru for all things "cat" for the rest of my life. Since then, we've wrangled cats in the swamps of New Britain, been inside more hoarding houses than I care to remember, and at one time even thought we could pull off a reality TV show highlighting our unbelievable cat adventures (before reality shows were what they are today). So here we are almost ten years later, still working together, along with Sanctuary Feline Behavior Manager, Karen Aseltine, to help pet owners with challenging cat conundrums.

In this issue of *OC News*, we'll be addressing the topic of cats who bite. As we will see, cats bite for a variety of reasons. It is a way of communicating that, when effective, can quickly get out of hand and become their favored method of communication. There are two main points to consider in your efforts to break biting behavior: (1) Why is my cat biting? (2) How do I stop the biting?

There are four main types of activities that induce biting. They are easy to remember as the 4Ps: Petting, Pain, Play and Prey. Petting-induced biting is caused by overstimulation due to excessive petting. Clearly, you've missed her warning signs telling you enough is enough. Did she twitch her skin, thump or lash



her tail, vocalize her displeasure, stop purring, rotate her ears back, shift her body position or glance at your hand that is petting her? If so, I hate to say it, but you had it coming.

I hear ya, "Holy high-maintenance!!! You mean to tell me that I have to watch out for all these behaviors as she sits on my lap when I watch TV?" Yes, sorry. In fact, for your own safety, we recommend not absentmindedly petting your cat if she's a biter. Another thing to watch out for is where on your cat's body you are petting them. Most cats have areas of caution which include the stomach, rear area and feet. It's also important to stroke the fur in the direction it lays; no one likes a messy 'do!

Pain-induced biting is self-explanatory. If you suspect that your cat may be injured, or her biting behavior is completely new and unex-

plained by any of the other causes, it could be a health issue, and having her evaluated by a veterinarian will be your best bet.

Play-induced biting takes place when you are engaging your cat in play. Let's step back a minute and take a look at how you play with your cat. Are you being too energetic with your style, frustrating her by never letting her catch the toy bird on the end of the string, irritating her by putting it right in her face, or using your hands/fingers as the moving object? If so, let's take it down a notch. We all need a little self-esteem boost every now and then. Let her win and follow her lead in setting the pace of her own activity. You may also want to increase the number of play sessions you have per day. Perhaps she has an overabundance of energy and she takes her level of play too far. A quick fix for play biting is to stop the game, walk away, let her calm down and then return at a more low-key level.

Prey/Hunting-induced biting is something that we've all probably seen or experienced at one time with our cat. There you are, settling in for the night and you move your foot a little too quickly from one side to the other under the comforter. Pouncing and stalking are normal, healthy behaviors that are fine during a play



Andrea Dobras is an Our Companions Board member and one of our animal welfare professionals. She specializes in the placement of cats with FIV. In this regular feature, she helps others with the most complex cat conundrums.

To submit a question for consideration in a future edition of The Scoop, call us at 860-242-9999, ext. 301, or e-mail editor@ourcompanions.org.

The Scoop (continued)

session or when using a toy, but not when it comes to your ankle. Prey/hunting biting has the potential to quickly turn aggressive, and finding a proper outlet to satisfy their prey drive is key. Solutions to help manage their need to hunt include having several daily play sessions, amusing them with contraptions such as collapsible tunnels (cats are natural-born investigators), toys hidden in boxes or paper bags, and puzzle feeders (also called exercise feeders, which replicate the stimulation that naturally comes with working for food, with food being the end reward).

While the 4Ps address the most common issues that cause cats to bite, I would be doing you a disservice by not mentioning that there are cats whose behavior is based on aggression.

Fear aggression is the most common type of feline aggression. Some cats are inherently shy and react aggressively every time they become frightened. It can also result from poor socialization, and in such cases, punishment actually exacerbates the situation. Cats can be fearful of people, places, other cats, traveling, unsettling noises, and even odors.

Redirected aggression occurs when a cat is aroused and agitated by an animal or person he cannot directly respond to, due to their being some sort of barrier, such as a window, between them. His frustration at being unable to get to the trigger of his agitation causes him to lash out at whomever approaches him, whether it be another cat, dog, or a person. Interestingly, there can be a significant time interval between the initial arousal and the

redirected aggression – sometimes hours – which explains why some pet parents characterize the cat's aggression as "out of the blue."

If your cat is showing signs of fear aggression or redirected aggression, these are potential biting situations, and you should consult a behavioral professional immediately.

In our next issue, and for future issues, I will be reporting on feline issues along with Karen Aseltine, who will be serving as the new column expert. We are sure readers will enjoy the many tips Karen has to share, based on her experience as our Ashford Sanctuary's Feline Behavior Manager.





FUN Enrichment IDEAS For Your Cat!

With a little imagination, everyday items like toilet paper rolls, balled-up pieces of paper, and empty water bottles can easily transform into inexpensive cat toys.

Frozen cubes of low sodium chicken broth (without garlic or onion), tuna or clam juice make simple tasty treats and are a great way to satisfy cats who are on a weight-loss regimen. Bringing the outdoors in with fast growing cat grass or catnip is also a favorite for many cats.

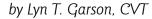
Adding a few doors, windows and a soft blanket to any box creates a nice napping spot and provides hours of simple entertainment.





Technically Speaking

Open Wide and Say Meow



Wouldn't it be wonderful if our animals could talk? They could tell us exactly what is ailing them. Imagine engaging in casual conservation with your cat over dinner, "Fluffy, why aren't you eating your grain-free shredded beef and fish filet? It's your favorite."

"I'm not really hungry today," Fluffy responds, hunched over in pain. "I feel nauseous after snacking outside on your prized petunias."

Obviously, Fluffy is not able to actively speak with you in this manner, however she does have the ability to effectively communicate – by meowing.

The Meaning of Meow

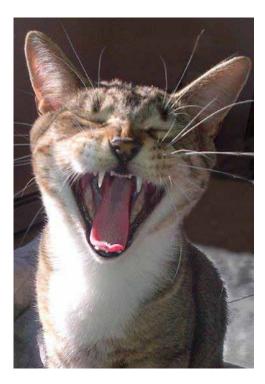
Kittens communicate with their mother by meowing for food and warmth. Interestingly, once full grown, adult cats do not meow at each other at all. Adults meow only to communicate with people. The meaning of meow takes many forms. Meowing is typically used by cats for gaining attention to their various daily living needs. Cats will meow for food; usually this occurs in the kitchen accompanied by pacing at your feet or jumping up on counters. They meow for human affection and social interaction. Meowing at doors indicates kitty wants to go outside or come back in. Constant meowing by young healthy cats is typically a sign of females in heat attracting the attention of males. Elderly cats may meow regularly at nighttime should they become confused or disoriented due to feline dementia.

Some cats normally meow more than others. Siamese cats in particular are known to

be non-stop "talkers" and sometimes sound as though they are actually speaking words. But excessive meowing may signify potential medical conditions. Increased hunger or thirst may cause cats to become more vocal if an underlying disease process is developing. Changes in normal routine or behavior such as restlessness or irritability may prompt intensified meowing and alert you to an impending health problem. Cats meowing while using the litter box can be a serious concern if they are straining to urinate. A male straining to urinate (even if not meowing) is an immediate medical emergency as he may be blocked and unable to pass urine. Straining females should be examined for urinary tract infections. Constipated cats may also spend additional time in the litter box meowing due to difficulty passing stool.

A Case of the Missing Meow

Cats may become less vocal than usual during certain circumstances or changes in their environment such as additions to the family (cat, dog, human baby), or a recent move to a new home. But if you notice a sudden inability to vocalize at all, and attempts at meowing with little or no sound coming out, there is typically a medical cause to investigate involving the larynx (voice box), mouth or tongue. Infections are the most common problem seen in cats with missing meows, which can be a result of a bite wound around the neck, an upper respiratory infection, or infected teeth, gums, or mouth. Growths or tumors could present a cause. Foreign objects lodged in the mouth or throat can suddenly prevent a cat from meow-



ing and may also obstruct normal breathing. This warrants an emergency clinic visit especially if the cat is gagging or frantically pawing at their face or neck.

Pass the Me-ouse

As versatile as "meow" can be, it is important to be observant to any changes or inconsistencies in your cat's overall behavior or vocal expressions. Until cats learn to talk we can only count on their meows as a peek into their minds.

"I'm feeling much better now after vomiting petunias all over the oriental carpet," Fluffy announces. "Can you pass me the mouse please?"



Technically Speaking is written by Certified Veterinary Technician, Lyn T. Garson, to address basic information on animal health issues and how they needn't be barriers to adopting a great pet.

Technically Speaking

To submit a question for consideration in a future edition of Technically Speaking, call us at 860-242-9999, ext. 301, or e-mail editor@ourcompanions.org.

Do you have an idea for a future article in Our Companions News?

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Marie's Den

Good Dogs Gone Bad

by Kelly Alver

Even the best behaved dog cannot be perfect all the time. We have heard of situations where dogs that have been generally well-behaved can start to exhibit unexpected behaviors, such as repeatedly soiling a spot indoors. We sat down recently to discuss this issue with Canine Operations Director Marie Joyner to get her perspective.

There can be a variety of reasons for a dog's behavior change. A new pet or baby, a different schedule or a move to another home are all stressful for a dog, and can cause him to suddenly begin misbehaving. Lack of exercise, anxiety, and illness can also be contributing factors. Then again, sometimes dogs get into mischief for no obvious reason.

Whatever the case may be, it is important to rule out any medical concerns for your dog. Before contacting a dog trainer or behavior specialist, speak to your veterinarian and have your dog thoroughly examined. Full blood work, including thyroid levels, is usually recommended, not only to gauge current readings, but also to provide a baseline, even if results are within normal limits. A 4DX blood test is performed routinely to rule out the possibility of several tick-borne illnesses and heartworm disease.

If your veterinarian determines that your dog is healthy, then it is likely a behavioral issue that needs to be addressed. To help your dog get back on track, it may be necessary to have them re-learn some basic skills. We all need a refresher sometimes – and remember to use positive reinforcement and reward your dog for demonstrating appropriate behaviors.

When your dog has mastered these skills, con-



sider a higher level of training, such as agility training or classes that help dogs learn tricks or improve their ability to focus. Our Companions offers both Tricks and Focus classes, and soon will be offering Rally Obedience, which combines characteristics of sports car racing, dog agility, and traditional obedience into a new fun sport for people and their dogs.

Tighten up the rules with your dog and take away privileges temporarily, if necessary. For example, don't allow your dog in the room he's been soiling until he earns the right to go back there. Secure him in his crate as needed. It's also important to ensure that your dog is getting enough exercise. Extend your daily walks, take a trip to the dog park or bring him to doggie daycare to help burn off energy.

For a dog that is soiling in the same spot, it's important to clean the area with an enzyme cleaner to prevent him from recognizing that location as a place for him to relieve himself. In young male dogs, you can also use aluminum foil to cover a problem area. Dogs usually find the rustling sound of aluminum foil to be very disturbing and it should curb their interest in using that spot.

Sometimes canines will test negative for certain medical conditions because they may not yet be detectable. Be sure to continue talking with your veterinarian about any changes in your dog's health.



Our Companions Canine Operations Director, Marie Joyner, receives questions every day about dogs and their behavioral issues.

Marie's Den answers some of the more commonly asked questions.

Marie's Den

To submit a question for consideration in a future edition of Marie's Den, call us at 860-242-9999, ext. 301, or e-mail editor@ourcompanions.org.

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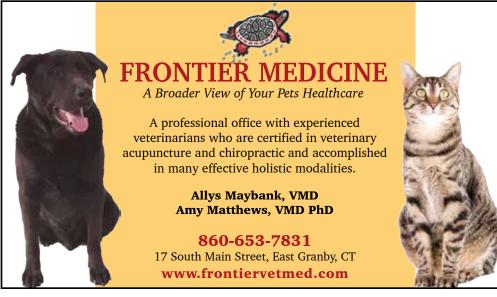
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Hazel & Pippi





Hazel and Pippi formed a close relationship when Hazel took orphaned baby Pippi under her wing. They would love to be adopted into a calm, quiet forever home, perhaps with older children. Previously they lived in a multi-cat household and can get along with most other cats, especially males. Hazel, an

affectionate sweetie, and Pippi, a shy but loving calico, are happy to be close to their humans when they are relaxing. Pippi has a slight neurological disorder that gives her an amusing gait, but this doesn't hold her back at all, and she has no health problems associated with the disorder.